

STUDY ABROAD IN LONDON BUDGET WORKSHEET

"FOR THERE IS
IN LONDON ALL
THAT LIFE CAN
AFFORD" -
*SAMUEL
JOHNSON*



"BUT WHAT IF THERE IS IN
LONDON NOTHING THAT I CAN
AFFORD?" - *YOU*

girlgonelondon.com

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Introduction

Budgeting for study abroad can be tricky without knowing what kind of expenses you might run into or the actual cost of living in the city. This guide includes some of the major expenses and gives brief examples of some real costs of food, meals at restaurants, and travel.

Unfortunately, it's hard to give suggestions as to how much to budget because every student's situation will be different. Do you have a full meal plan so you will never have to buy food for yourself? Does your dorm or apartment already come with any necessities? Will you live next to classes so you can walk in, or will you have to travel across the city?



Your budget will also depend on how much you actually want or have to spend. You could technically go the entire semester without ever eating 'out' to save money, or you could limit yourself to 20 pounds a week on entertainment, or you could decide you will spend as much as you want to.

The prices given are in pounds, as the exchange rate varies. Currently, the exchange rate is averaging about 1.5 dollars for 1.0 GBP, but you can always find exact rates at: <http://www.xe.com/currencyconverter/>

There's no getting around the fact that London is an expensive city, but plenty of students (myself included) have studied abroad on a tight budget and still had a great time.

Good luck!

Weekly

Travel on the tube.....

£2.30 off-peak, one way (Zone 1)

£2.90 on-peak, one way (Zone 1)

Full list of travel prices at: <https://tfl.gov.uk/>

Food (from the grocery store).....

Examples:

Peanut butter: £2.35

Bananas (5): 80p

Loaf of bread: £1.00

½ gallon milk: £1.00

Frosted flakes (generic): £1.60

Cheerios: £2.00

Food (restaurants).....

Examples:

Big Mac at McDonald's: £2.69

Regular hamburger at McDonald's: 99p

Pizza Express plain cheese pizza: £7.95 (cheapest on menu)

Pub meal: variable, average close to £10 +

Nando's Grilled chicken burger with one side: £7.45

Soda: approx. £2.50

Entertainment.....

Peak weekday student ticket at cinema: £8.95

Theatre tickets, cheapest seats: approx. £10 – 50 depending on show

Pint of beer or cider in pub, average: £3-5

Weekly Total=£_____

Miscellaneous

Textbooks and school supplies..... _____

Many programs don't need textbooks

School supplies should be minimal, but a few notebooks and pens approx. £10

Cellphone and plan..... _____

Cheap no-frills British cellphone: £5 (pay as you go)

Inserting British sim into existing, unlocked phone: free (and then pay as you go)

European travel..... _____

Entirely variable based on budget and travel preferences. Put down how much you'd feel comfortable spending the entire semester.

Dorm necessities (towels, sheets if not provided)..... _____

Souvenirs and/or personal shopping..... _____

Miscellaneous Total=£ _____

Weekly total £ _____

+ Miscellaneous total £ _____

= Overall total for the semester £ _____

For any questions about budgeting or London prices, feel free to get in touch at girlgonelondon@gmail.com or at www.girlgonelondon.com.